



energising mobility

Health & Safety: the 10 golden rules

- 1 Look after each other; Health & Safety is a **team** game
- 2 Know the risks you face; **think** before you start work
- 3 **Act** safely; follow the safe working procedures
- 4 Keep your **workplace** clear and tidy
- 5 Wear the correct Personal Protective Equipment (PPE); properly and **at all times**
- 6 Report **all** accidents and near misses
- 7 Only undertake work for which you are **trained** and competent to do
- 8 Use the **correct equipment for the task**; don't improvise
- 9 **Stop** any work that becomes unsafe
- 10 Complacency kills; **do not** cut corners

...and if in doubt ...ask!



The choices
we make...